

WATER THERAPIES

These water-based treatments provide stimulating hydro-therapy through seven massaging showers.

Glacial GLO Therapy

Sea derived granules gently exfoliate and hydrate thirsty skin in this full body water therapy.

Marine Mud Detox Therapy

Organic brown seaweed is applied to the skin to promote perspiration, which helps eliminate toxins.

Hydra-Quench Therapy

A mineral wrap is used to hydrate and re-energize your body.

Body Firming Therapy

Promotes a firmer appearance and improves elasticity of the skin. Excellent for reducing the effects of pregnancy, weight-loss or for sun damaged skin.

ENERGY THERAPIES

Mystic Sage Stone Therapy

This therapy is designed to provide deep relaxation using warm stones and organic herbs that eliminate toxins caused by stress.

Ray of Sunshine Stone Therapy

A therapy designed to lift spirits with its cheerful blend of lemon verbena and lavender using warm basalt stones to massage away the blues.

Reflexology Therapy

This eastern medicinal therapy, based on acupressure zones of the foot, is used to balance body energy, providing therapeutic results to our organic systems.

Reiki Healing Therapy

This ancient healing art promotes relaxation, reduces stress and re-aligns your life force without direct contact to the skin.

Chakra Balancing Enhancements

- Chakra Balancing
- Peppermint Mask

COUPLES TREATMENTS

Couples Suite Seclusions

The suite is designed with a private bath for two and twin therapy tables.

Marine Therapy for Two

Our exclusive private couples suite hosts a mineral bath soak for two and side by side massage therapies.

Lavender Therapy for Two

Lavender crystals blend aromatherapy with a soothing private bath soak for two and a side by side massage therapy of your choice.

Couples Massage Therapy

Indulge in a side by side massage therapy in our romantic candlelit couples suite.

Enhancements

- Chocolate covered strawberries with champagne or sparkling cider.

GENTLEMEN'S RETREATS

Gentlemen's Signature Facial

This therapy includes cleansing, exfoliation and massage to stimulate blood flow while leaving the skin feeling fresh and renewed.

Vitalizing Massage

This massage focuses on increasing blood circulation, muscle tension relief and stretching techniques to improve your performance in any sport.

Golfer's Dream

Stretching techniques start this massage to improve your golf swing and driving distance.

Details

- Hand Detailing
- Foot Detailing

SPA PACKAGES

Take all the guess work out of your spa experience with therapy choices to fit your needs and lifestyle.

For more information or to book a spa package, call 815-776-5SPA or 800-343-0868.

Head to Toe Sanctuary

Custom package includes a massage, facial and manicure and pedicure.

The Bamboo Experience

This Bamboo infused package includes a Thai massage, a fusion facial, manicure and pedicure.

Teen Spa at Stonedrift

Package includes:

- Rockin' Massage
- Teen Scene Facial
- Wow! Manicure or Pedicure

Signature Day Packages

Tranquility

- Swedish massage
- Signature facial
- Stonedrift signature pedicure

Energizing

- Sports deep tissue massage
- Invigorating exfoliation glo
- Facial of your choice

Mother-to-Be

- Mom-to-Be massage
- Mom-to-Be Coffeeberry facial
- Stonedrift Signature pedicure

Purely for Men

- Signature facial-30 minute
- Vitalizing massage
- Hand detailing



Eagle Ridge
RESORT & SPA

Galena, Illinois 61036 ● EagleRidge.com

STONEDRIFT
SPA



Eagle Ridge
RESORT & SPA

LUXURIOUS STONEDRIFT SPA

A haven from the outside world, Stonedrift Spa resides in a peaceful setting that promotes relaxation and rejuvenation of the mind, body and soul. Elevate your senses to the next level as our certified and experienced spa professionals provide signature treatments in our 6,000-square-foot spa, featuring ten treatment rooms.

From massages, facials and reflexology to energy therapies, teen services and men's services, our menu of spa services and therapies are endless.

Stonedrift Spa also features a relaxing Nail Suite, state-of-the-art steam rooms in each of the beautiful men's and women's locker rooms and a Spa Boutique where you can buy the same premier spa products used during treatments.

Spa Hours and Phone

8 a.m. - 8 p.m. - Friday and Saturday

8 a.m. - 6 p.m. - Sunday

9 a.m. - 6 p.m. Monday through Thursday

*Special group appointments
are also available upon request*

**FOR MORE INFORMATION OR TO
SCHEDULE AN APPOINTMENT**

CALL THE SPA

DIRECTLY

AT

800-343-0868

OR

815-776-5SPA



MASSAGE THERAPIES

One of the oldest forms of healing proven to alleviate stress, relieve muscle tension, improve circulation and diminish chronic pain.

Signature Swedish Massage

Stonedrift's traditional, full-body massage uses Swedish techniques to relieve tension with light to moderate pressure.

Deep Tissue Massage

This full-body massage focuses on using slow deep strokes and direct pressure on constricted areas.

Drifting Stone Massage

This ancient therapy uses warm basalt stones to melt away signs of tension and tightness from sore muscles.

Bamboo Thai Massage

Warm hand-crafted bamboo tools will stretch, knead and relax your muscles in this century old massage treatment.

Head to Toe Custom Massage

Our therapist adapts this massage to your specific needs and their individual areas of expertise. Choose two modalities to customize your massage: Deep Tissue, Hot Stone, Reflexology, Aromatherapy, Hydrating Back Scrub or Scalp Massage.

Rockin' Teen Massage

This back massage is designed to relieve teenage stresses with light to moderate pressure techniques, including hot stones.

Mother-To-Be Therapy

Designed to relieve the stress on your weight-bearing joints, this therapy reduces lower back tensions and helps to reduce fluid retention.

Paraffin Back Therapy

Application of wonderfully warm paraffin to the back acts as a deep heating therapy to loosen tight muscles.

Massage Enhancements

- Aromatherapy
- Chakra Balancing
- Scalp Massage
- Hydrating Back Scrub
- Nourishing Hand and Foot Therapy

FACIAL THERAPIES

Our facials designed by our experienced estheticians, reduce the appearance of fine lines and wrinkles with instant and lasting effects. Daily use of our award winning skincare line helps to promote a continuous radiant, more youthful appearance.

CoffeeBerry Signature Facial

Our CoffeeBerry facial will help you look and feel good naturally with benefits that include tightening, toning and releasing tension. This facial will leave your skin with natural lift and smoother lines.

Advanced AHA Facial

Our Advanced AHA facial provides the latest in alpha-hydroxide advances using a powerful combination of lactic acid and essential vitamin antioxidants. Ideal for dry, sensitive, problem prone skin, and mature acne.

Anti-Aging Facial

This anti-aging facial uses an entirely new and different antioxidant that targets aging at the cellular level delivering the highest level of skin rejuvenation. This exclusive skincare ingredient eliminates redness, inflammation, uneven skin tones, fine lines and wrinkles.

Gentlemen's Signature Facial

This therapy includes a cleansing, exfoliating and facial massage with a hydrating mask, leaving the skin feeling fresh and renewed. Choose an arm/hand massage or a scalp massage to round out your therapy.

Teen Scene Facial

Designed especially to deeply cleanse, exfoliate, freshen, invigorate and clarify teenage skin. Our highly trained facialists will design a healthy skin care regime for your specific skin type.

Skin Care Enhancements

- Alpha-Hydroxide Advanced Peel
- Anti-Aging Peel
- Stimulating Facial Toning
- Nourishing Hand and Foot Therapy
- Collagen Eye Treatment
- Hydrating Lip Mask

Waxing Services

- Brow Shaping
- Chin or Lip Wax
- Bikini Wax
- Full Back Wax

NAIL THERAPIES

Signature Manicure

This hydrating therapy includes exfoliation, natural nail and cuticle care and a nutrient-rich mask.

Signature Pedicure

Soothe tired, weary feet with aromatherapy, warm compresses, antioxidant exfoliating gel and a relaxing foot massage.

French Spa Manicure/Pedicure

Our signature manicure/pedicure, with the added indulgence of the traditional French technique.

Renewal Manicure/Pedicure

Indulge in a hydrating soak and massage. Includes natural nail and cuticle care, with your choice of polish application or buffing.

Manicure/Pedicure Infused with Bamboo

Indulge your hands and feet with these specialized treatments using organic hydrating bath salts, followed by detoxifying mud masques to soften skin.

Head to Toe Custom Manicure/Pedicure

These manicures and pedicures are custom designed by your therapist to target your objective.

Wow! Teen Manicure or Pedicure

Freshen-up with a pedicure to keep nails looking dazzling bright.

Spa Polish Change

Does not include nail care, cuticle care or callus removal.

Nail Enhancements

- Nourishing Hand and Foot Therapy
- Brow Shaping
- Foot Paraffin Therapy

Bridal Services

Let Stonedrift Spa create a memorable and relaxing experience for your special day. Individual and group services are available for make-up applications and hair services, including classic up-dos.