

WATER THERAPIES

These water-based treatments provide stimulating hydro-therapy through seven massaging showers.

Glacial Giv Therapy

Sea derived granules gently exfoliate and hydrate thirsty skin in this full body water therapy.

Marine Mud Detox Therapy

Organic brown seaweeds are applied to the skin to promote perspiration which helps eliminate toxins.

Hydra-Quench Therapy

A seawater mineral wrap is used to hydrate and re-energize your body.

Body Firming Therapy

Promotes a firmer appearance and improves elasticity of the skin. Excellent for reducing the effects of pregnancy, weight-loss or for sun damaged skin.

ENERGY THERAPIES

Mystic Sage Stone Therapy

This therapy is designed to provide deep relaxation using warm stones and organic herbs.

Ray of Sunshine Stone Therapy

A therapy designed to lift spirits with its cheerful blend of lemon verbena and lavender using warm basalt stones to massage away the blues.

Reflexology Therapy

This eastern medicinal therapy is used to balance energy pathways of our bodies by stimulating our organic systems.

Reiki Healing Therapy

This ancient healing art promotes relaxation, reduces stress and re-aligns our life force.

Chakra Balancing Enhancements

- Chakra Balancing
- Peppermint Mask

COUPLES TREATMENTS

Couples Suite Seclusions

The suite is designed with a bath for two and twin therapy tables.

Marine Therapy for Two

Our exclusive private couples suite hosts a mineral bath soak for two and side by side massage therapies.

Lavender Therapy for Two

A customized blend of helichrysum citrus and lavender is absorbed during your private bath soak for two and a side by side massage therapy of your choice.

Couples Massage Therapy

Indulge in a side by side massage therapy in our romantic candlelit couples suite.

Enhancements

- Chocolate covered strawberries with champagne or sparkling cider.

GENTLEMEN'S RETREATS

Organic Facial

This therapy includes cleansing, exfoliation and massage to stimulate blood flow while leaving the skin feeling fresh and renewed.

Vitalizing Massage

This massage focuses on increasing blood circulation, muscle tension relief and stretching techniques to improve your performance in any sport.

Golfer's Dream

Stretching techniques start this massage to improve your golf swing and driving distance.

Details

- Hand Detailing
- Foot Detailing

SPA PACKAGES

Take all the guess work out of your spa experience with therapy choices to fit your needs and lifestyle.

For more information or to book a spa package, call 815-776-5SPA or 800-343-0868.

Head to Toe Sanctuary

Custom package includes a massage, facial and manicure/pedicure.

The Bamboo Experience

This Bamboo infused package includes a Thai massage, a fusion facial and a manicure/pedicure.

Teen Spa at Stonedrift

Package includes:

- Rockin' Massage
- Teen Scene Facial
- Wow! Manicure or Pedicure

Signature Day Packages

Tranquility

- Swedish massage
- Signature facial
- Stonedrift organic pedicure

Energizing

- Sports deep tissue massage
- Invigorating exfoliation glo
- Specialty facial of your choice

Mother to Be

- Mom to be massage
- Mom to be facial
- Stonedrift organic pedicure

Purely for Men

- Organic facial
- Vitalizing massage
- Hand detailing



Eagle Ridge
RESORT & SPA

Galena, Illinois 61036 ● EagleRidge.com

STONEDRIFT
SPA

LUXURIOUS STONEDRIFT SPA

A haven from the outside world, Stonedrift Spa resides in a peaceful setting that promotes relaxation and rejuvenation of the mind, body and soul. Elevate your senses to the next level as our certified and experienced spa professionals provide signature treatments in our 6,000-square-foot spa, featuring ten treatment rooms.

From couple's massages, organic facials and reflexology to energy therapies, teen services and men's services, our menu of spa services and therapies are endless.

Stonedrift Spa also features a relaxing Nail Suite, state-of-the-art steam rooms in each of the beautiful men's and women's locker rooms and a Spa Boutique where you can buy the same premier spa products used during treatments.

Spa Hours and Phone

9 a.m. - 6 p.m. - Sunday - Thursday
9 a.m. - 8 p.m. - Friday and Saturday
Special group appointments
are also available upon request

**FOR MORE INFORMATION OR TO
SCHEDULE AN APPOINTMENT**

**CALL THE SPA
DIRECTLY**

**AT
800-343-0868
OR
815-776-5SPA**



MASSAGE THERAPIES

One of the oldest forms of healing proven to alleviate stress, relieve muscle tension, improve circulation and diminish chronic pain.

Swedish Massage

Our traditional, full-body massage uses Swedish techniques to relieve tension with light to moderate pressure.

Deep Tissue Massage

This full-body massage focuses on using slow deep strokes and direct pressure on constricted areas, combined with stretching techniques.

Drifting Stone Massage

This ancient therapy uses warm basalt stones to melt away signs of tension and tightness from sore muscles.

Bamboo Thai Massage

Warm handcrafted bamboo tools will stretch, knead and relax your muscles in this centuries old massage treatment.

Head to Toe Custom Massage

Our therapist adapts this massage to your specific needs and their individual areas of expertise using Swedish, Deep Tissue and reflexology techniques.

Rockin' Teen Massage

This back massage is designed to relieve teenage stresses with light to moderate pressure techniques, including hot stones.

Mother-To-Be Therapy

Designed to relieve the stress on your weight-bearing joints, this therapy reduces lower back tensions and helps to reduce fluid retention.

Paraffin Back Therapy

Application of wonderfully warm paraffin acts as a deep heating therapy to loosen tight muscles.

Massage Enhancements

- Aromatherapy
- Nourishing Hand Therapy
- Scalp Massage
- Hydrating Back Scrub
- Chakra Balancing

FACIAL THERAPIES

All facials are specifically formulated for every skin type and are given by our highly trained estheticians.

Organic Signature Facial

For all skin types. Using only the highest quality of fresh organic fruits, herbs and spices, this facial gives you the best possible natural results.

Sweet Red Rose Facial

For delicate, sensitive skin. Fragrant, garden fresh roses, combined with lightly steamed rosehips brimming with vitamin C, make up this soothing facial.

Anti-Blemish Facial

For acne prone skin, this facial offers deep exfoliation, hydration and extractions for deep pore cleansing with tangy fruits and healing herbs.

Eight Greens Organic Facial

For mature skin. Phyto-estrogens and algae naturally stimulates mature skin in an anti-aging therapy.

Bamboo Fusion Facial

For all skin types, this Thai facial uses handcrafted bamboo to reduce facial stress and tension with age old massage techniques. Our organic vitamin-rich cream and masque promotes cellular renewal and circulation leaving skin with a youthful glowing smoothness. Chakra balancing included with a Thai hand and arm massage.

Teen Scene Facial

A lighter version of our anti-blemish facial using tangy fruits and healing herbs.

Skin Care Enhancements

- Bright Eyes Therapy
- Lip Trio Therapy
- Yam and Pumpkin Peel
- Nourishing Hand Therapy

Waxing Services

- Brow Shaping
- Chin or Lip Wax
- Bikini Wax
- Full Back Wax

NAIL THERAPIES

Signature Manicure

This hydrating therapy includes exfoliation, natural nail and cuticle care and a nutrient-rich mask.

Signature Pedicure

Soothe tired, weary feet with aromatherapy, warm compresses, antioxidant exfoliating gel and a relaxing foot massage.

French Spa Manicure/Pedicure

Our signature manicure/pedicure with the added indulgence of the traditional French technique.

Renewal Manicure/Pedicure

Indulge in a hydrating soak and massage. Includes natural nail and cuticle care, with your choice of polish application or buffing.

Manicure/Pedicure Infused with Bamboo

Indulge your hands and feet with these specialized treatments using organic hydrating bath salts, followed by detoxifying mud masques to soften skin.

Head to Toe Custom Manicure/Pedicure

These manicures and pedicures are custom designed by your therapist to target your objective.

Wow! Teen Manicure or Pedicure

Freshen-up with a pedicure to keep nails looking dazzling bright.

Spa Polish Change

(Does not include nail care, cuticle care or callus removal.)

Nail Enhancements

- Nourishing Hand Therapy
- Brow Shaping
- Foot Paraffin Therapy

Bridal Services

Let Stonedrift Spa create a memorable and relaxing experience for your special day. Individual and group services are available for make-up applications and hair services, including classic up-dos.