



STONEDRIFT SPA

Spring Group Offerings



We invite you to indulge in our luxurious spa amenities before or after your wellness experience. We recommend arriving 30 minutes early for the check-in process and to fully unwind to make the most of your experience. With any class or service, you will enjoy full-day access to our serene spa oasis. As a finishing touch, savor a complimentary refreshment following your session.

Friday, March 6th at 9:30am | \$40
60-min Yin/Restorative Rest & Reset Yoga Flow with Christy

Friday, March 27th at 1:30pm | \$60
80-min Gentle Yin followed by Sound Healing with Christy

Friday, April 10th at 2:00pm | \$40
60-min Celebrate Stress Awareness Month — Gentle Distress & Unwind Yoga Flow with Christy

Thursday, April 23rd at 2:00pm | \$40
60-min Gentle Slow Paced Restorative Yoga Flow with Christy

Thursday, May 7th at 2:00pm | \$40
60-min Self Love Yoga Flow with A, B, & C Sun Salutations with Christy

Friday, May 15th at 2:00pm | \$40
60-min Yin/Restorative Blend Yoga with Christy

For booking, please contact the Stonedrift Spa Front Desk directly at 815-776-5772, or email Christy Leners, Wellness Coordinator, at cleners@eagleridge.com