



STONE DRIFT SPA

Spring Group Offerings



We invite you to indulge in our luxurious spa amenities before or after your wellness experience. We recommend arriving 30 minutes early for the check-in process and to fully unwind to make the most of your experience. With any class or service, you will enjoy full-day access to our serene spa oasis. As a finishing touch, savor a complimentary refreshment following your session.

Friday, March 6th at 9:30am | \$40
60-min Yin/Restorative Rest & Reset Yoga Flow with Christy

Friday, March 27th at 1:30pm | \$60
80-min Gentle Yin followed by Sound Healing with Christy

Friday, April 10th at 2:00pm | \$40
60-min Celebrate Stress Awareness Month — Gentle Distress & Unwind Yoga Flow with Christy

Thursday, April 23rd at 2:00pm | \$40
60-min Gentle Slow Paced Restorative Yoga Flow with Christy

Thursday, May 7th at 2:00pm | \$40
60-min Self Love Yoga Flow with A, B, & C Sun Salutations with Christy

Friday, May 15th at 2:00pm | \$40
60-min Yin/Restorative Blend Yoga with Christy

For booking, please contact the Stonedrift Spa Front Desk directly at 815-776-5772, or email Christy Lenaers, Wellness Coordinator, at clenaers@eagleridge.com