



STONEDRIFT SPA

Summer Group Offerings



We invite you to enjoy our luxurious spa amenities before or after your service. We recommend arriving 30 minutes early to check in and fully unwind. With any class or service, you'll receive full-day access to our serene spa oasis, along with a complimentary refreshment after your session.

Friday, June 5th at 9:00am | \$30
60-min Yoga Flow for Stress Reduction with Christy

Wednesday, June 17th at 1:00pm | \$40
60-min Yin/Restorative Reducing Anxiety Yoga Flow with Christy

Friday, June 19th at 3:00pm | \$60
80-min Yin/Sound Bath Healing with Christy

Friday, July 3rd at 9:00am | \$30
60-min Red, White, & Zen with Christy at Point Patio
Spa access not included

Sunday, July 12th at 9:00pm | \$40
60-min Yogalates with Christy

Sunday, July 26th at 9:00am | \$100 Introductory
60-min Float & Sound Healing (Located at Pool in Main Lodge)
Spa access & refreshment not included

Sunday, August 9th at 9:00am | \$100 Introductory
60-min Float & Sound Healing (Located at Pool in Main Lodge)
Spa access & refreshment not included

Friday, August 28th at 2:30pm | \$60
80-min Yin/Sound Bath Healing with Christy

For booking, please contact the Stonedrift Spa Front Desk directly at 815-776-5772, or email Christy Lenaers, Wellness Coordinator, at clenaers@eagleridge.com